



**CALIFORNIA STATE SCIENCE FAIR
2002 PROJECT SUMMARY**

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Project Title Got Stress?	
<p style="text-align: center;">Abstract</p> <p>Objectives/Goals Question: Which gender, grade, and ethnicity have the most stress? In school we found out that the lots of students had stress and we wanted to see which group had the most stress. Then we got interested and wanted to know what grade, gender, and ethnicity had the most stress. We also wanted to do this project about stress because both of us have high levels of stress. Stress has been one of the things that we have always wondered about. We wanted to know if there was a pattern with ethnicities most of all. That#s why we made up stress test with the help of a web site.</p> <p>Methods/Materials Materials List 1. Paper; 2. Pencil; 3. Pen; 4. Highlighter; 5. Scoring sheet ; 6. List of names and their numbers to know who we've tested.</p> <p>Results Our hypothesis was way off. We thought that the Latin, females in the ninth grade would have the most stress, but our results and data proved us wrong. The results for Anglo, male freshmen showed the most stress. This was really surprising to us, so we went back to the group of males showing the most stress. When we asked what area caused them such stress, they said they feel much pressure to impress girls. This is interesting because they#re the youngest males in the high school population. We thought that the senior class or any other class older than freshmen would have the most stress. We think that the freshmen class had the most stress because it#s the class that is going through many changes and sometimes they can#t handle them. They often show depression, anger, or sadness.</p> <p>Conclusions/Discussion From doing our project about stress we learned things that we were aware of but never took the time to think about. Since the freshmen class was the class with the most stress we think it#s because it#s the class with the most problems. The freshmen class has to deal with family, relationships, friends and school. It#s the class that has to learn to fit into a new school. Everything is different. There are new classes, teachers, and new changes. We learned that the freshmen class was the class that had the most stress because they have to deal with all those problems and sometimes can't handle it.</p>	
Summary Statement Our project was about finding which class, gender, and ethnicity has the most stress?	
Help Received School Counceler gave us ideas on our project; Our science teacher help us organize our information; Our english teacher from last year corrected our spelling and grammar.	