

## CALIFORNIA STATE SCIENCE FAIR 2014 PROJECT SUMMARY

Name(s)

Shreya Banerjee

**Project Number** 

**S0404** 

#### **Project Title**

# **Analysis of Correlation between Roles and Self-Esteem**

## **Objectives/Goals**

#### **Abstract**

The purpose of my project was to determine if an increase in roles is the reason for an increase in self-esteem in the transition from teenage to adult. To analyze this, first I needed to determine whether adults had higher self-esteem and roles than teenagers and also look at the correlation between the number of roles a person sees himself or herself in and their self-esteem for teenagers and adults.

#### Methods/Materials

I distributed a survey to 20 adults and 21 teenagers. This survey consisted of a short explanation of what a role is, and asked them to list the roles, as well as having Rosenberg's self-esteem scale. The mean number of roles and self-esteem was found for teenagers and adults. The results were analyzed using a t test for two means to determine if self-esteem and roles were significantly lower in teens than adults. The correlation between roles and self-esteem was analyzed.

#### **Results**

Teenagers had significantly lower self-esteem and number of roles than adults, but the correlation between self-esteem and roles in both adults and teenagers was minimal.

#### **Conclusions/Discussion**

This implies that the increase in self-esteem is not due to the increase in the number of roles. There was a negligible correlation between roles and self-esteem in adults, implying that the number of roles is not important, but the importance of each role is more significant.

### **Summary Statement**

This project was meant to determine whether there is a correlation between number of roles and self-esteem in adults and teenagers.

#### **Help Received**

Mother and sister helped arrange board.